

# Head lice - checking and treating with wet comb & conditioner

**Wet combing with conditioner and a fine tooth nit comb (without using chemicals) is an effective way to find and remove head lice, if done properly.**

It can take up to an hour to remove all live lice and eggs. It depends how thick and long the hair is.



- Make your child comfortable and let them read their favourite book or watch their favourite programme or movie.
- Comb or brush out knots with an ordinary comb. Put lots of conditioner through wet or dry hair.
- Start at the scalp and go all the way down to the hair ends.



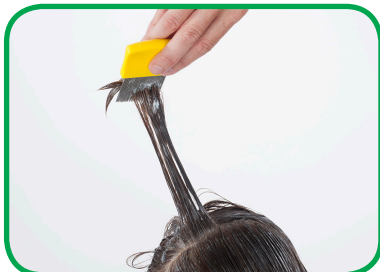
- Comb conditioner through hair, using an ordinary comb.



- Change to a fine-tooth head lice comb and comb sections of your child's hair.



- Comb from the roots to the ends of the hair.



- After each comb, wipe the conditioner on to a paper towel or tissue.
- Check the tissue or paper towel for lice and eggs. They're small so look closely!



- Comb every part of the head, section by section. Comb each section at least 4 or 5 times before moving on to the next section.
- Rinse out conditioner.
- If you find lice or eggs, repeat these steps every day until you find no lice for 3 days in a row.
- Check the hair of everyone in the house twice a week for the next 2 weeks to make sure everyone stays clear.